

**FEBRUARY 2014**  
**MONDAY**

**TUESDAY**

**WEST CARROLL PARISH SCHOOL DISTRICT**  
**WEDNESDAY**

**THURSDAY**

**FRIDAY**

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<p><b>3</b></p> <p><b>Fruit Choice Muffin</b> <b>Sausage Links</b></p> <p><b>Steak Fingers</b> <b>Rice &amp; Gravy</b> <b>Green Beans</b> <b>Orange Wedges</b> <b>WW Roll</b></p>	<p><b>4</b></p> <p><b>Fruit Juice Choice</b> <b>French Toast Sticks w/Syrup</b></p> <p><b>Pizza</b> <b>Romaine Salad</b> <b>Steamed Corn</b> <b>Chilled Peaches</b></p>	<p><b>5</b></p> <p><b>Fruit Juice Choice</b> <b>Breakfast Burrito</b></p> <p><b>Turkey Tetrazini w/Rotini</b> <b>Steamed Broccoli</b> <b>Carrots</b> <b>Apple Wedges</b> <b>Crackers</b></p>	<p><b>6</b></p> <p><b>Fruit Juice Choice</b> <b>Breakfast Ham Biscuit</b></p> <p><b>Salisbury Steak</b> <b>Rice &amp; Gravy</b> <b>Field Peas</b> <b>WW Roll</b> <b>Pineapple Tidbits</b></p>	<p><b>7</b></p> <p><b>Fruit Choice</b> <b>Scrambled Eggs</b> <b>Sausage &amp; Toast</b></p> <p><b>Hot Ham &amp; Cheese PoBoy</b> <b>Sandwich Salad Cup</b> <b>Fries or Tots w/Catsup</b> <b>Chilled Fruit</b></p>
<p><b>10</b></p> <p><b>Fruit Juice Choice</b> <b>Poptarts</b></p> <p><b>Chicken Strips</b> <b>Macaroni &amp; Cheese</b> <b>Mixed Vegetables</b> <b>Fruit Cocktail</b> <b>WW Roll</b></p>	<p><b>11</b></p> <p><b>Fruit Juice Choice</b> <b>Cinnamon Roll</b></p> <p><b>Homemade Lasagna</b> <b>Green Salad w/Dressing</b> <b>Fresh Banana</b> <b>WW Bread Stick</b></p>	<p><b>12</b></p> <p><b>Fruit Juice Choice</b> <b>Scrambled Eggs &amp; Toast</b> <b>Jelly</b></p> <p><b>Cheesy Beef Nachos</b> <b>Garden Salad w/Dressing</b> <b>Steamed Corn</b> <b>Peach Slices</b></p>	<p><b>13</b></p> <p><b>Fruit Juice Choice</b> <b>Breakfast Pizza</b></p> <p><b>Oven Baked Chicken</b> <b>English Peas</b> <b>Steamed Rice w/Gravy</b> <b>Apple Slices</b> <b>WW Roll</b></p>	<p><b>14</b></p> <p><b>Fruit Juice Choice</b> <b>Mini-Waffles/Pancakes w/Syrup</b></p> <p><b>Ham &amp; Cheese PoBoy</b> <b>Oven Fries</b> <b>Sandwich Salad Cup</b> <b>Cookies</b> <b>Orange Wedges</b></p>
<p><b>17</b></p> <p><b>No School</b> <b>President's</b> <b>Day</b></p>	<p><b>18</b></p> <p><b>Fruit Juice Choice</b> <b>Honey Bun</b></p> <p><b>Tacos</b> <b>Taco Salad Cup</b> <b>Mexicali Corn</b> <b>Fruit Cocktail</b></p>	<p><b>19</b></p> <p><b>Fruit Juice Choice</b> <b>Muffin</b></p> <p><b>Hot Dog</b> <b>Chili &amp; Cheese</b> <b>Carrot Sticks w/Dressing</b> <b>Pickle Spear</b> <b>Apple Slices</b></p>	<p><b>20</b></p> <p><b>Fruit Juice Choice</b> <b>Scrambled Eggs</b> <b>WW Toast w/Jelly</b></p> <p><b>Chicken/Sausage Gumbo</b> <b>Steamed Brown Rice</b> <b>Green Salad w/Dressing</b> <b>Fresh Grapes</b> <b>WW Crackers</b></p>	<p><b>21</b></p> <p><b>Fruit Juice Choice</b> <b>Biscuit &amp; Sausage</b></p> <p><b>Hamburger/Cheeseburger</b> <b>Sandwich Salad Cup</b> <b>Oven Fries w/Catsup</b> <b>Orange Wedges</b></p>
<p><b>24</b></p> <p><b>Fruit Juice Choice</b> <b>Pancake on Stick w/Syrup</b></p> <p><b>Spaghetti &amp; Meat Sauce</b> <b>Green Beans</b> <b>Fresh Banana</b> <b>WW Breadstick</b></p>	<p><b>25</b></p> <p><b>Fruit Juice Choice</b> <b>Breakfast Pizza</b></p> <p><b>Fried Chicken</b> <b>Potatoes &amp; Gravy</b> <b>Lima beans</b> <b>Fruit Cocktail</b> <b>WW Roll</b></p>	<p><b>26</b></p> <p><b>Fruit Juice Choice</b> <b>Cereal Choice</b> <b>WW Toast w/Jelly</b></p> <p><b>Turkey Sub</b> <b>Mayo/Mustard</b> <b>Sandwich Salad Cup</b> <b>Sweet Potato Waffle Fries</b> <b>Pear Halves</b></p>	<p><b>27</b></p> <p><b>Fruit Juice Choice</b> <b>Scrambled Eggs</b> <b>Sausage &amp; Toast w/Jelly</b></p> <p><b>Corn Dog</b> <b>Oven Fries</b> <b>Carrot Sticks w/Dressing</b> <b>Orange Wedges</b> <b>Catsup/Mustard</b></p>	<p><b>28</b></p> <p><b>Fruit Juice Choice</b> <b>Pancakes w/Syrup</b></p> <p><b>BBQ Sandwich</b> <b>Baked Beans</b> <b>Apple Wedges</b> <b>Cookie</b></p>
				<p><b>MILK CHOICE AT BREAKFAST</b> <b>MILK CHOICE AT LUNCH</b></p> <p><b>ASSORTED FRUIT MAY BE USED IN</b> <b>PLACE OF FRUIT JUICE AT</b> <b>BREAKFAST</b></p>

